

## Online Petroleum Oriented Safety Training



### Online Petroleum Oriented Safety Training (POST) Level 1 & 2:

We offer POST Level 1 and POST Level 2 safety training courses through [Learn.POSTTraining.ca](https://Learn.POSTTraining.ca), as well as additional online petroleum oriented safety training modules at [Online.POSTTraining.ca](https://Online.POSTTraining.ca).

### About the POST Online Orientation & Test

The one-hour program outlines the required safety documentation for petroleum sites and focuses on behaviour towards safety and proper personal protective equipment. The orientation will have a short evaluation at the end. The evaluation will be used to track your knowledge of key points. Upon successful completion of the POST orientation, you will receive a wallet card and a hard hat sticker. The Petroleum Oriented Safety Training (POST) is a safety orientation program which the major oil companies require as the minimum acceptable safety training to access their sites across Canada.

### Program Highlights

- How you can effectively change your behaviour towards safety
- Proper Personal Protective Equipment and why it's important
- How to properly complete the necessary forms and checklists i.e. JSA, Daily Safe Work

## **POST Training**

Petroleum Oriented Safety Training

<https://posttraining.ca>

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### Permit, Work at Heights Checklist

- POST Forms and Checklists are used across Canada on all petroleum sites

**POST BBS certification is valid from January to December.** There is a three month grace period to retake the next year's POST course. For details please visit the POST learning site.

A POST wallet card and hard hat decal with the current year is valid until March 31 of the next year.

### [Learn.POSTTraining.ca](https://posttraining.ca) (Level 1 & 2):

- POST 2016
- POST Level 2

### [Online.POSTTraining.ca](https://posttraining.ca) (Additional Training):

- WHMIS
- Aerial Lifts & Aerial Work Platforms
- Bloodborne Pathogens
- Confined Spaces
- Fall Protection
- Fire Extinguishers
- Forklift Operator Safety
- Hydrogen Sulfide (H<sub>2</sub>S) Safety
- Indoor & Outdoor Cranes
- Lockout/Tagout
- TDG